

# Informed Consent for Audio Recording and Computer-Generated Notes

*Please read carefully and sign below*

Your therapist uses Confidant, a software tool that assists with clinical documentation. Before any recording takes place, we want to explain clearly how this software works and what happens to your information.

## 1. Audio Recording

With your consent, your therapist may record audio during your sessions for the sole purpose of generating clinical notes. You may withdraw this consent at any time, verbally or in writing, without any effect on your care.

## 2. How Your Data Is Handled — What Makes This Different

Confidant is a fully local, offline application. This means:

- Your session audio is recorded and processed entirely on your therapist's computer — like a digital recorder.
- **No audio, transcript, or note is ever uploaded to the internet or stored on any external server.**
- The software does not require an internet connection to function.
- The software developer (Confidant) has no access to your data — at any time, under any circumstances.
- Your information is not used to train any AI model, shared with any third party, or sold.
- Audio recordings and transcripts are deleted from your therapist's device once a clinical note has been generated, or upon your request.

## 3. What AI Does During a Session

After a session, your therapist uses Confidant to generate a clinical note from a transcript of the session. This happens locally on the device. The AI-generated note is reviewed, edited, and finalized by your therapist before it becomes part of your clinical record. The AI does not make clinical decisions — your therapist remains fully responsible for all documentation.

## 4. Your Rights

- You have the right to refuse recording at any time, without explanation.
- You may request that any audio or transcript from a session be deleted immediately.
- Withdrawal of consent will not affect the quality of your care or your therapeutic relationship.
- You may ask questions about this process at any time.

## 5. Questions

If you have any questions about how Confidant works or how your information is handled, please ask your therapist before signing. More information is available at [confidantnotes.com](http://confidantnotes.com).

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## Consent Statement

I have read and understood the above information. I consent to having my therapy sessions audio recorded for the purpose of AI-assisted clinical note generation using Confidant. I understand that all data remains on my therapist's device, is never uploaded to any server, and will be deleted after notes are generated or upon my request. I understand I may withdraw this consent at any time.

**Client Name & Signature:**

**Therapist Name & Signature:**

*By typing your name above, you agree this constitutes a legal signature.*

*By typing your name above, you agree this constitutes a legal signature.*

**Date:**

**Date:**

*A copy of this signed form will be provided to you and retained in your clinical record.*